Evolution of HIV Diagnostics and Goals for the 2010 Conference

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Evolution...



... or other influences – like Creationism?



Medical Practitioners











MORBIDITY AND MORTALITY WEEKLY REPORT

Printed and distributed by the Massachusetts Medical Society, publishers of The New England Journal of Medicine Recommendations and Reports

Interpretation and Use of the Western Blot Assay for Serodiagnosis of Human Immunodeficiency Virus Type 1 Infections



February 28, 1992 / Vol. 41 / No. RR-2

Recommendations and Reports

Regulations for Implementing the Clinical Laboratory Improvement Amendments of 1988: A Summary

Diagnostic Algorithm: 1989

The Public Health Service recommends that no positive test results be given to clients/patients until a <u>screening test</u> has been <u>repeatedly reactive</u> (i.e., greater than or equal to two tests) on the same specimen <u>and a supplemental, more specific test</u> such as the Western blot has been used to validate those results



<u>1989 Almanac</u>

- Berlin Wall dismantled
- Tiananmen Square
- Exxon Valdez
- U.S. invades Panama



1995 Human Retrovirus Testing Conference: Provide results from rapid tests?







- Alternative specimens
- p24 Antigen testing

Clinical applications of PCR

12th Annual Conference on **Human Retrovirus Testing** ABSTRA February 25 - 28, 1997 **Houston**, Texas

- Home collection: impact on public health
- HIV-1 viral load assays
- Mfg demos:
 - □ RT PCR
 - 🗆 Urine kit
 - Oral fluid device
 - □ Home collection



Update: HIV Counseling and Testing Using Rapid Tests — United States, 1995

Approximately 25 million persons each year in the United States are tested for antibody to human immunodeficiency virus (HIV). Publicly funded counseling and testing (CT) programs conduct approximately 2.5 million of these tests each year. CT can have important prevention benefits (1); however, in 1995, 25% of persons testing HIVpositive and 33% of persons testing HIV-negative at publicly funded clinics did not return for their test results (2). Rapid tests to detect HIV antibody can be performed in an average of 10 minutes (3), enabling health-care providers to supply definitive

New Recommendation ...and a Promise

- Health-care providers should <u>provide preliminary</u> <u>positive test results</u> before confirmatory results are available in situations where tested persons benefit.
- When additional rapid tests become available for use in the United States, the <u>PHS will re-evaluate</u> <u>algorithms using specific combinations of two or</u> <u>more rapid tests</u> for screening and confirming HIV infection.

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March 4-6, 1998 San Diego, California

Irogram

and Abstracts Rapid Testing
Evaluation
Applications

 Challenges to the Testing Algorithm:
Repeat sample
Oral fluid
Nucleic Acid



Challenges to the Algorithm

March 3 - 5, 1999 Hyatt Regency Albuquerque Albuquerque, NM

> Sponsored by: APHL Association of Public Health Laboratories

Testing Strategies
Rapid EIA
Double EIA

□ Western blot

 New Testing Strategy: detecting early HIV infection for prevention and for estimating incidence



APHL Conference on LaboratoryAspects of Human Retrovirus & Hepatitis C Testing

New Horizons in the New Millenium





PROGRAM BOOK & ABSTRACTS

March 6-9, 2000 • Adam's Mark Hotel • Charlotte, NC



 Preliminary evaluation of avidity index to distinguish incident vs prevalent infection

 Evaluation of the Inno-LIA in a testing algorithm for elimination of the Western blot









Clinical Laboratory Improvement Amendments (CLIA)

Verification of Performance Specifications Brochure #2

What is it and how do I do it?

The CLIA regulations now include a requirement for verifying the performance specifications of unmodified, moderate complexity tests cleared or approved by the FDA.

Information to assist your laboratory in meeting this CLIA requirement!

NOTE: On January 24, 2003, the Centers for Disease Control and Prevention (CDC) and the Centers for Medicare & Medicaid Services (CMS) published laboratory regulations (CLIA) that became effective April 24, 2003. A summary of the updated requirements pertaining to performance specification verification are included in this brochure. However, this brochure is not a legal document. The official CLIA program provisions are contained in the relevant law, regulations and rulings. For more complete information, you may access the regulations on the Internet at http://www.phppo.edc.gov/CLIA/regs/toc.asp.





Approved package insert:

- □ Intended Use
- □ Biological Principles
- Restrictions
- □ Warnings
- □ Directions for Use
- □ Interpretation
- Limitations
- Performance Characteristics

Change in Language

"This test is suitable for use in multi-test algorithms designed for statistical validation of rapid HIV test results. When multiple rapid HIV tests are available, this test should be used in appropriate multi-test algorithms."



Comparing new ElAs with old stand-bys

- NAAT testing for acute infection
- Roll-out of rapid testing
- Options for confirmatory testing





- Random Access ElAs
- Acute HIV screening
- Challenges with the current algorithm
- Alternatives to the current algorithm

Sequence of Test Positivity Relative to WB

50 % Positive Cumulative Frequency



* = not currently FDA approved

Algorithm: Definition

- Overall sensitivity or specificity may be improved by using test combinations under one of two decision rules for resolving discordant results.
 - Assumes that errors in the tests are random and independent, but errors can be systematic, as with falsenegative results in early infection.
 - □ Few testing strategies involve only a single test, but the costs of "confirmation" can be prohibitive.

Limitations of the Current Algorithm

- Antibody tests do not detect infection in ~ 10% of infected persons at highest risk of transmission
- Western blot confirmation is less sensitive during early infection than many widely used screening tests
- Delays inherent with centralized screening reduce the "effective sensitivity" because infected persons do not learn their test results

Limitations of Proposed Algorithms

- Most look like the traditional algorithm
 - Include Western blot
 - □ Additional (more expensive) tests if WB is negative
- Logistics of multiple POC tests can be daunting
- Cost and space requirements of multiple laboratory platforms is prohibitive
- Tests are usually repeated at care site anyway, with additional tests (e.g., viral load) for clinical staging and management

Problems with Regulatory Constraints

- Not responsive to clinical needs:
 - □ Preliminary results from rapid tests but not EIAs
 - Use of rapid tests on potentially exposed infants is restricted
 - Not feasible to accumulate sufficient numbers for required validations
- Delays the availability (and improvement) of stateof-the-art technology
- Cost discourages innovation

Goals for 2010 Conference



Goals for 2010 Conference

- Review the available evidence
- Identify the needs of different stakeholders
- Develop a menu for specific applications
- Begin consensus process for updating testing recommendations

Change



The only people who like change...



The findings and conclusions in this presentation are those of the author and do not necessarily represent the views of the Centers for Disease Control and Prevention