Use of Multispot HIV-1/HIV-2 Rapid Test to confirm HIV-1/HIV-2 Plus O Enzyme Immunoassay results, shorten reporting time for HIV testing and identify cryptic HIV-2 infection

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Objective

 To test an alternative HIV testing strategy that provides timely and accurate results for clinicians

Hypothesis

- A combination of routine HIV-1/2 EIA and simple, rapid antibody testing would improve reporting turn-around-time in an academic clinical diagnostic laboratory setting
 - Evaluate an algorithm similar to the APHL/CDC HIV testing Laboratory Algorithm 3: "Dual HIV-1/HIV-2 Immunoassay," using routine EIA and a simple, rapid antibody test
 - Test the accuracy of reporting "presumptive HIV infection"

Rationale

- Traditional laboratory diagnostic testing
 - Screening with EIA (or CIA) and reactive results are confirmed by supplemental testing before releasing test results (WB or IFA): MMWR 1989: 38(S-7):1-7
- Point-of-Care
 - Reporting of a single test result as "preliminary positive" for HIV-1 and/or HIV-2 antibodies is accepted as standard of care: MMWR 2001; 52(RR19): 1-58 and *ibid* 2004; 53(10): 221-222
- Marriage of a 3rd generation EIA (or CIA) and simple/rapid antibody test is the logical next step

Laboratory Algorithm 3: **Dual HIV-1/HIV-2** Immunoassay[†]

•*A2 must ust be a different EIA, CIA or rapid test from A1: i.e., "orthogonality"

•**If a seronegative-window period infection is suspected (based on risk assessment or discordant testing) refer to Acute HIV Infection Testing Laboratory Algorithm 4

 [†]Adapted from – APHL/CDC HIV Testing Algorithm: A status Report, April 2009



Methods

- Routine clinical specimens submitted for HIV testing
- Bio-Rad HIV-1/HIV-2 Plus O EIA (EIA)
- Bio-Rad Multispot HIV-1/HIV-2 (MS)
- Bio-Rad HIV-1 Western blot (WB)
- HIV-1 RNA PCR (in-house; Abbott Real Time HIV-1); HIV-2 WB (Focus) and HIV-2 RNA (in-house)

UW Algorithm

- If EIA negative: report "Not HIV infected"
- If EIA reactive
 - Forward for MS testing & repeat EIA in duplicate
 - <u>Negative MS</u>: forward for HIV-1 WB & initial report *"presumptive not HIV infected"*
 - <u>Reactive MS</u>: initial report *"presumptive HIV infected"* and forward for HIV-1 WB confirmation (or HIV-2 WB if appropriate)
- Confirmed HIV-1 WB: final report as "HIV-1 infection"
- Negative HIV-1 WB: final report as "No HIV-1 infection"
- Indeterminate WB and/or reactive MS forward for HIV-1 RNA (or further HIV-2 testing, if appropriate)

Results

Between July 31, 2008 and Oct 8, 2009 a total of 13,943 HIV-1/-2 EI assays were performed

- 242 specimens were EIA reactive of which
 - 203 (1.5%) were HIV-1 WB confirmed
 - 201 were MS HIV-1 + and 2 were MS HIV-2 +
 - 26 EIA+--/WB-/<u>MS NEG</u>
 - 7 EIA+++/WB-/<u>MS NEG;</u>
 - 6 EIA+++/WB IND/<u>MS NEG</u>
 - Of 13 EIA+++, 6 were available for HIV-1 RNA and 1/6 was RNA positive

Results (cont'd)

203 EIA+/HIV-1 WB+

- 201/203 were MS HIV-1 POS
- 2/203 were MS HIV-1 NEG/HIV-2 POS
 - WB #1 [gp160, p55, p31, p24] and WB #2 [gp160, p31, p24] both of which were initially signed-off as "HIV-1 infection confirmed" before the MS was done (old protocol); HIV-1 RNA negative
 - Confirmed with HIV-2 WB and HIV-2 RNA

Immunoblot

HIV-1

- ENV
 - gp160/gp120; gp41
- GAG
 - p55, p40, p24, p17
- POL
 - p66, p51, <mark>p31</mark>

HIV-2

ENV

- gp140/gp125; gp36/41
- GAG
 - p56, <u>p26</u>, p16
- POL
 - p68, p53, <u>p34</u>

WHO Wkly Epidem Rec 1990; 65(37): 281-88

Multispot assay performance for detection of HIV-1 antibodies



Turn Around Time (TAT) in days to report a reactive EIA and WB or MS (N=242)



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Summary

- Adjunctive MS testing allowed us to confirm reactive EIA results immediately and report "presumptive HIV infection," pending further confirmation;
- Identified all false-positive EIA results;
- Shortened reporting time by a median of two days;
- Identified two (1%) of 203 EIA-reactive/HIV-1 WB "positive" results as cryptic HIV-2 infection

Conclusions

These findings have important implications for the clinical management of HIV-infected persons, including timely clinical laboratory diagnosis of HIV infection, treatment of HIVrelated conditions and use of appropriate antiretroviral therapy in HIV-2–infected patients

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